



2010 WARRIOR SITTING VOLLEYBALL RULES

Team Composition

Each sitting volleyball team will be comprised of 12 players. These 12 players will be chosen from each individual Warrior Games team of 25 individuals. For each game played, there can be 12 different players, the same 12 players or a mix, coach's choice. The number of games played is listed below in the schedule so plan accordingly.

GENERAL EVENT RULES

The Sitting Volleyball tournament will comprise of 8 teams, one from each Warrior Games Team. Tournament format: The teams will be split into two pools of 4 teams each, each pool will compete in a round robin with the top two teams crossing over to play a semi and final match.

Teams will play the best 2 out of 3 games. Games will be to 25 points, if a 3th game is needed it will be to 15 points. A team must win by 2 points in all games.

Paralympic volleyball follows the same rules as its non-disabled counterpart with a few modifications to accommodate the various disabilities. In sitting volleyball, the net is about 3.5 feet high, and the court is 10 x 6 meters with a two-meter attack line. Players are allowed to block serves, but one "cheek" must be in contact with the floor whenever they make contact with the ball.

Key Rule Modifications that are Different from Standing Volleyball

The position of each player is determined and controlled by the position of their bottoms. This means that the hand(s) and/or leg(s) may lie in the attack or free zone outside the court.

"Bottom" is defined as the upper part of the body, from shoulder to one's buttocks.

Touching the opponent's court beyond the centerline with a hand is permitted, if some part of the penetrating hand remains either in contact with or directly above the centerline. To contact the opponent's court with any other part of the body is forbidden. The player may penetrate into the opponent's space under the net, provided there is no

interference with the opponent. The feet and legs can contact under the net. Your feet and legs can be in front of the 3 meter line, or endline when serving, only your butt has to be behind the lines. It is allowed to dig/contact the ball with their feet/legs.

The player is not allowed to lift his/her bottom from the court when executing any type of attack-hit. The back-row player may perform any type of attack-hit from any height, if at the time of the hit the bottom does not touch or cross over to the attack line.

The player must have contact with the court with some part of the upper part of the body at all times when playing the ball, except when making a defensive free zone play. In such defensive play, a loss of contact with the court is permitted for a moment.

The referee's official hand signal of "lifting from the court" is raising the upper hand and forearm positioned parallel to the floor and mirror imaging the lower hand and forearm.

Referees in sitting volleyball must stand to the sides of the court because of the height of the net and the fact that the players are in a seated position.

TENTATIVE SCHEDULE

Tuesday May 11 Sports Center II 1600 – 1900

Court 1 (Group A)

Team 1 vs Team 4

Team 2 vs Team 3

Team 1 vs Team 3

Court 2 (Group B)

Team 1 vs Team 4

Team 2 vs Team 3

Team 1 vs Team 3

Wednesday May 13 Sports Center II 1600 – 1900

Court 1 (Group A)

Team 2 vs Team 4

Team 1 vs Team 2

Team 3 vs Team 4

Court 2 (Group B)

Team 2 vs Team 4

Team 1 vs Team 2

Team 3 vs Team 4

Thursday May 14 Sports Center II 1730 – 1930

Cross Over Round

Court 1

Group A Top finisher vs Group B Second place finisher

Court 2

Group B Top finisher vs Group A Second place finisher

Court 1

Winner from Court 1 vs Winner from Court 2