



WOUNDED WARRIOR REGIMENT

UNITED STATES MARINE CORPS

FAMILIES OVERCOMING UNDER STRESS

FOCUS World (www.focusworld.org) is an online version of the program, which is available to military families across the country and overseas. It provides core FOCUS skills and educational activities that families may engage in together to enhance their own resilience.

The site includes opportunities for parents and children to chat online and watch videos to learn how to address common challenges faced by military families such as, how to talk to children about deployment, return and reintegration and parental injury or illness.

Families OverComing Under Stress (FOCUS) in collaboration with the Marine Corps Wounded Warrior Regiment, has developed a program to address the specific needs of the Regiment's wounded, ill and injured (WII) Marines and their families.

FOCUS is a resiliency training program designed to assist and promote strong Marine Corps families so that they are better equipped to contend with the stress associated with multiple deployments, combat stress, and physical injuries.

A service member's injury or illness affects all members of the family. FOCUS works with the entire family to teach skills that assist them as they come together to overcome their challenges and adapt. The FOCUS program is flexible and allows families to customize a recovery plan based on their specific needs. Military families are taught resiliency skills; including emotional regulation, communication, goal setting, handling traumatic reminders, and problem solving. Families are also provided practical strategies and tools for talking to children about illness and combat related injuries.

FOCUS is available aboard:

- Marine Corps Base Quantico
- Marine Corps Base Camp Lejeune
- Marine Corps Base Camp Pendleton
- Naval Medical Center San Diego
- Naval Hospital Twentynine Palms
- Marine Corps Base Hawaii

FOCUS provides:

- In-home services for local families of WII Marines at a time most convenient to the family
- Individual and group level services are also offered and provide training on methods to cope with the challenges associated with stress, change, injury and/or illness

If you are not located at or near one of these installations:

- Training is available over the phone or via webcam and is conducted in sessions that are conducive to a family's schedule
- In-home visits are available based on the level of need and availability of staff
- Referrals are available through the Wounded Warrior Call Center at 1-877-487-6299

FOCUS staff are, at a minimum, master's level trainers and refer counseling support and/or needed medical attention to the appropriate clinical support staff.

THE WOUNDED WARRIOR REGIMENT

The Wounded Warrior Regiment (WWR) stood up in April 2007 and immediately began to assume responsibilities for non-medical Wounded Warrior care. **The mission of the WWR is to provide and facilitate assistance to Wounded, Ill and Injured (WII) Marines, Sailors attached to or in direct support of Marine units, and their family members, throughout the phases of recovery.** The Regimental Headquarters element, located in Quantico, Va., coordinates the operations of two Wounded Warrior Battalions located at Camp Pendleton, Calif., and Camp Lejeune, N.C. The Regimental Headquarters provides unity of command and unity of effort through a single Commander who provides guidance, direction, and oversight to the Marine Corps WII non-medical care process and ensures continuous improvements to care management and the seamless transition of recovering Marines.



UNITED STATES MARINE CORPS WOUNDED WARRIOR REGIMENT

ETIAM IN PUGNA "STILL IN THE FIGHT"

www.woundedwarriorregiment.org • 877.487.6299 •    

1111EXTLFOCUS