



# WOUNDED WARRIOR REGIMENT

UNITED STATES MARINE CORPS

## COMPREHENSIVE RECOVERY PLAN (CRP) ROADMAP TO RECOVERY

### What is included in the CRP?

At a minimum, CRPs should answer several questions

- What benefits are you entitled to and have you completed the required paperwork to receive the benefit?
- Do you want to return to active duty or to your civilian community?
- If you will return to duty, do you need to train for a new Military Occupational Specialty?
- If returning to civilian life, what kind of job do you want?
- Do you need additional education / training?
- Where will you live? How will you pay for it?
- Does your family need support?
- What accommodations will you need? (i.e. wheelchair ramps, car lifts, computer / electronics, etc.)
- How will you maintain your physical conditioning?

Recovering from a wound, injury or illness is difficult and a Marine and family deserve care coordination that is standardized and efficient. The focus should be broad; not just physical healing, but healing the whole person – mind, body, spirit and family. To support the recovery for each wounded, ill and injured (WII) Marine, the Wounded Warrior Regiment (WWR) utilizes the Comprehensive Recovery Plan (CRP). The CRP is a framework addressing a WII Marine's and family's needs through the phases of recovery, rehabilitation, and reintegration.

### What is a Comprehensive Recovery Plan (CRP)?

Simply stated, the CRP is a Marine's roadmap. It's a forward looking document that captures a WII Marine's and family's needs, translates those into concrete goals and then provides specific, actionable steps to meet those goals. One of the hallmarks of the CRP is that a resource is provided for each of these steps so the Marine always knows who can assist with each particular action.

WII Marine and family needs may be vast including such areas as employment, education, assistive technology, benefits and entitlements or housing. Recovery Care Coordinators (RCCs) are trained as resource and referral experts and can assist Marines and their families in finding support.

Using the CRP as a guide, RCCs, Section Leaders and other members of the recovery team can guide the Marine and their family along the road to recovery, rehabilitation and return to duty or reintegration into the civilian community.

The goal of the CRP is to:

- Addresses all immediate needs
- Establish long-term, transition goals, or a desired end-state.

### Why does a WII Marine need a CRP?

Recovery, rehabilitation and reintegration can be challenging. A CRP helps to provide order in chaos – it maps out goals including whether the WII Marine wants to return to duty or to civilian life. The CRP ultimately sets up a Marine and family for success.

### Are all CRPs alike?

No. Just as everyone's wounds, family circumstances and self-perceptions are different, everyone's CRP must be tailored for their individual situation.



## How is a CRP developed? Who helps develop the CRP?

First and foremost the CRP is the Marine's document. It is created with the Marine and goals are expressed in the Marine's own words.

When the Marine is ready, typically very early in the recovery process, the RCC will conduct a comprehensive needs assessment. This comprehensive assessment takes into consideration various recovery components such as employment, housing, finances, family support, the disability evaluation process, and more. The information derived from the needs assessment becomes the basis for the CRP.

Once needs are identified, goals are addressed and solutions found. Solutions can include assistance from federal, state, local, and non-profit resources. The RCC conducts research to provide the best available resource inside or outside of the WWR. Together, the RCC and the Marine set a time line for completion of each step and the RCC tracks the status of each step.

It is important that care coordination does not occur in isolation. The RCC will work with the Marine's Section Leader and other recovery team members to ensure that all needs are identified and their goals do not conflict with other recovery efforts.

## Why is it important for WII Marines to set long-term transition goals?

Setting measurable, attainable, and time-driven goals is important for all WII Marines and their families. The road to recovery can be difficult and the end-state is not always clear. Having a goal to focus on provides motivation in the short-term and provides a long-term vision for the future. Having a clear understanding of what needs to be achieved encourages Marines to concentrate their efforts and to focus on their abilities.

## How are CRPs measured / tracked?

RCCs do not "fire and forget." Once a Marine has been referred to a service or resource, the RCC and Section Leader will follow-up to ensure that the effort was fully successful. If not, the RCC will intervene with the resource and / or work with the Section Leader to intervene with the Marine.

Many of the resources available to our WII Marines come from sources outside of the WWR. As a result, it's imperative that the RCC, Section Leader and other recovery team members facilitate a collaborative working relationship with these outside agencies to ensure their effectiveness in supporting our WII and their families.

## Who sees a CRP?

CRPs are created and updated by RCCs. Section Leaders and care team members will also be aware of the Marine's goals to ensure that no goals conflict with recovery efforts. RCCs will provide copies of the CRP to recovery team members on regular intervals or when requested.

## When can a WII Marine see their CRP? Can they update it?

While Marines cannot access their CRP directly, RCCs utilize the CRP routinely in discussions with the Marine and can provide a copy of the CRP to the Marine and family at any time.

## Are the Marines stuck with their CRP? What if their goals change?

The CRP is a living document and is written in the Marine's own words. The RCC never stops trying to eliminate roadblocks and identify emergent needs so they can be addressed promptly.

As Marines adjust, their goals will evolve. The RCC embraces this change and guides the Marine to amend the CRP accordingly.

## THE WOUNDED WARRIOR REGIMENT

The Wounded Warrior Regiment (WWR) stood up in April 2007 and immediately began to assume responsibilities for non-medical Wounded Warrior care. **The mission of the WWR is to provide and facilitate assistance to Wounded, Ill and Injured (WII) Marines, Sailors attached to or in direct support of Marine units, and their family members, throughout the phases of recovery.** The Regimental Headquarters element, located in Quantico, Va., coordinates the operations of two Wounded Warrior Battalions located at Camp Pendleton, Calif., and Camp Lejeune, N.C. The Regimental Headquarters provides unity of command and unity of effort through a single Commander who provides guidance, direction, and oversight to the Marine Corps WII non-medical care process and ensures continuous improvements to care management and the seamless transition of recovering Marines.



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